



## Boys 7th/8th Grade Intramural

| EQUIPMENT SPECS     |                                                                       |
|---------------------|-----------------------------------------------------------------------|
| Ball Size           | Size 7 (29.5")                                                        |
| Basket Height       | 10'                                                                   |
| GAME STRUCTURE      |                                                                       |
| Players             | 5-on-5                                                                |
| Game Length         | Four 8-min quarters                                                   |
| Referees            | Yes                                                                   |
| Fouls               | 5 team fouls/qtr, then 2 shots                                        |
| Timeouts            | Two per half                                                          |
| Clock Stoppages     | Subs, FTs, timeouts, injuries, official TOs, last 2 min every whistle |
| Backcourt Timeline  | 10 sec                                                                |
| Inbound Timeline    | 5 sec                                                                 |
| Free Throws         | Yes                                                                   |
| GAME TACTICS        |                                                                       |
| Playing Time        | Equal                                                                 |
| Defense             | Man-to-man only, picked up at halfcourt                               |
| Press Defense       | Full-court, last 2 min only                                           |
| Double Teaming      | No                                                                    |
| Steal from Dribbler | Yes                                                                   |

*No practices for the 2026–27 season.*